spin: You can re-frame any bad mood and world view. Books to the rescue! These eight picture books can help your child find the rainbow’s end again, and reinforce the sense that resilience resides within, always.

**Pass it On**

*by Sophy Henn*

With vivid artwork and simple text, this brand-new picture book presents in this bright and happy tale. Cookies, good feelings only multiply when they’re shared along. The simple message is sunnily passed along. The story of one bike ride.

**Extraordinary Jane**

*by Matthew Reynolds*

A regular dog — who just happens to be part of a family of spectacular circus dogs. What’s so special about Jane? Turns out, the ordinary is really quite extraordinary.

**We’re All Wonders**

*by R.J. Palacio*

This classic in the mix. We don’t have to tell you about this story, but maybe there’s a tot in your life who needs to hear it. This book, stat. Jane is a regular dog — who just happens to be part of a family of spectacular circus dogs. What’s so special about Jane? Turns out, the ordinary is really quite extraordinary.

**The Little Engine That Could**

*by Watty Piper, illustrated by Dan Santat*

Remember when a certain mouse was given a cookie? It set off a delightful chain of events. A grandmother sees the smile and inspires a domino effect of greater and grander outcomes. A grandmother helps him see the beauty in their routine and the true wealth of a life full of love.

**Spin**

*by Sophy Henn*

That’s it: a ride. You start out pedaling, and you just keep going. That’s it. Nothing can stop Ramon from drawing. With positive energy that flows from creativity. No one can stop Ramon from drawing. With positive energy that flows from creativity.

**Moms Rule**

*by Denise Schipani*

Denise Schipani would always rather be reading, but if she must put her head down to work, she’s a writer, editor, author, blogger, and mother to two tween boys, who don’t seem quite as obsessed with Laura Ingalls Wilder as their mom. She’s written for kids, for moms, and even a book for tween boys, who don’t seem quite as obsessed with Laura Ingalls Wilder as their mom.

**The Strongest Girl in the Whole World**

*by Healthy, Massachusetts-based mom, Denise Schipani*

It’s the story of a normal boy on the ordinary day he learned that strutting his stuff and being perfect has nothing to do with the pure energy that flows from creativity.

**We All Read**

*by Matt De La Pena, illustrated by Christian Robinson*

If you don’t know Matt De La Pena, you should. He’s a former MacArthur fellow, a former National Book Award winner, an 11-time Newbery Honor recipient, a 4-time Caldecott Honor recipient, and more. He’s that kind of guy. That is, until the 1st of January rolls around, and the going gets a bit tough. Parents, you got this. You’ve been doing this long enough for your kids to have a trick or two up their sleeves now.

**Gardens**

*by Denise Schipani*

It’s the story of a normal boy on the ordinary day he learned that strutting his stuff and being perfect has nothing to do with the pure energy that flows from creativity.

**Newbery Medal, a Caldecott Honor, and more. De la Peña piled up an impressive stack of awards for this, his first children’s book (a*