



READING TIPS FOR SHARING BOOKS WITH YOUR CHILD

"I Am A Rainbow"

This colorful picture book describes different feelings as colors.

Everyone experiences this same rainbow of emotions!

For the first reading, curl up with your child and read the book together. Enjoy. For the next readings, here are some ideas for activities to do with your child. Don't try to do everything each time you read it. And most of all, have fun and enjoy sharing the story with your child.

Starting Up:

- Look at the cover together.
 - Point to the color pattern from left to right. Tell your child, "The colors are in a particular order. This makes the word RAINBOW look like a rainbow."
 - Notice the kids' actions. Ask your child, "What are the kids doing?"

Reading the Story:

- This story teaches children the names of colors and matches them with feelings.
 - As you read, point to and say the name of each color.
 - Point to the face of each child in the story. Ask your child to make the same face. Ask, "Can you make an angry face like this boy?"
- The children in the story experience different emotions, such as sadness and jealousy. Ask your child to tell you about a time when he or she felt each emotion.

After the Story:

- Ask your child questions about the story.
 - How do you show your feelings when you are happy, sad, or angry?
 - What makes you feel better when you feel sad or angry?
- Learning on the Go:
 - Label your own feelings throughout the day. Have you ever felt an entire rainbow of emotions in one day?
 - With your child, look in books, on television, and elsewhere for the colors from the story being used to show emotion.

These Reading Activities are Presented in
Collaboration with the Library of Congress, loc.gov

LIBRARY
LIBRARY
OF CONGRESS